

### **About Camp Sunrise:**

Camp Sunrise is a year-round cultural and environmental education program focused on bringing together urban youth, 13-18 years old, to live and work in an outdoor multicultural community. This unique program helps youth to build friendships across cultures as well as to benefit from the employment training, mentoring relationship, team building, outdoor and environmental education, and service projects that Camp Sunrise offers. Camp Sunrise also serves as a worksite for Minneapolis and St. Paul summer youth employment programs. Youths involved in those programs can earn their pay for their time at camp and campers not involved in those programs can earn 28 hours of community service. Program activities meet at YouthCARE office or at camp near Rush City, MN.

### **Volunteer Role:**

Volunteers interested in being a part of Camp Sunrise should enjoy BEING PHYSICALLY ACTIVE and working with youth outdoors. Volunteers are expected to assist the Program Coordinator and Assistant Director to prepare and implement activities.

### **Volunteer Expectations:**

Volunteers are expected to respect the youth, other volunteers, program specialists and the program coordinator. Volunteers should also be willing to actively participate by fully engaging with and helping the youth. Volunteers should also be willing to be flexible with their time.

During the school year, Camp Sunrise offers two events designed to keep youth that participated in the Camp Sunrise Summer Program involved and connected to the program:

#### **1) Weekend Camping Trips (Sept-May, Saturday 10 am-Sunday 12 pm)**

These trips to Camp Sunrise located in Rush City, MN involve positive activities in an outdoor, rustic, non-urban setting. Activities stress environmental and cultural education, teambuilding and active social and recreational fun. Youth are given the opportunity to continue to develop cultural competence skills, connect to caring peers and adults and also develop leadership skills. Trips occur twice a month and involve 10-12 youths.

Activities include: rock climbing, skiing, tubing, broomball and etc.)

#### **2) SAFARI's in the City (Wed-Thurs 4:30 pm-6:30 pm)**

These activities have locations in both Minneapolis and St. Paul and provide youth an opportunity and access to positive and adventurous activities in the urban area. Activities promote a healthy lifestyle & give youth an opportunity to continue to develop cultural competency skills, connect to caring peers and adults and develop leadership skills. Trips involve 10-12 youths.

### **Program Director:**

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