

### **About the Young Women's Mentoring Program:**

The YWMP is a year-round community based mentoring program focused on building the leadership, employment readiness, academic and life skills of girls and young women living in low-income communities. The program provides 8 young women (Youth Mentors), 15-18 years old, with a 12-month leadership and employment experience and 100-108 girls (50 girls per site), 7-14 years old, with positive out-of-school time educational, cultural, social and recreational activities. Program activities meet at McDonough Townhomes (St. Paul) and Little Earth of the United Tribes (Minneapolis). This multi-level mentoring program provides key guidance and support to girls and young women by utilizing team, group and one-on-one inter-generational and peer mentoring relationships.

### **Volunteer Role:**

As a volunteer for the YWMP, your role is flexible. Depending on your availability, you can either do hands-on work or office work (this pertains to volunteers who can only commit to volunteering once a week).

#### **1) Hands on work involves working directly with girls and youth members and includes:**

- Assisting the Program Coordinator by giving youth mentors directions, assisting girls, help to carry out activities and etc.
- Offering guidance to youth mentors and girls

#### **2) Office work will be done at the YouthCARE office and your duties include:**

- Making copies of handouts
- Helping coordinators with training
- Making demos

The YWMP consists of two groups. Girls Group I (1<sup>st</sup>-3<sup>rd</sup> graders) and Girls Group II (4<sup>th</sup>-6<sup>th</sup> graders).

**McDonough:** Girl's Group I meet on Mondays and Tuesdays and Girl's Group II on Mondays, Wednesdays and Thursdays. There are 4 mentors on Tuesdays and Wednesdays and only 2 on Mondays and Thursdays.

**Little Earth:** Girl's Group I meet on Mondays and Tuesdays and Girl's Group II on Mondays, Wednesdays and Thursdays. There are 4 mentors on Mondays and Thursdays but only 2 on Tuesdays and Wednesdays.

Activities are from 4:00pm-7:00pm. Depending on your preferred volunteer site, volunteers are most needed on days with only 2 mentors.

### **Volunteer Expectations/Things to Know: BE SAFE, BE FAIR, BE KIND**

Always remember that you are a ROLE MODEL to the girls and youth mentors. Dressing appropriately (ex: no low-cut shirts, shirts above the midriff and etc.) is expected. There will be behavioral issues from girls but you should remember that they are young and still learning. As a volunteer, your job is to not only work with the girls, but the youth mentors as well. There is a 3 strikes rule (1<sup>st</sup> warning, 2<sup>nd</sup>, 3<sup>rd</sup> sent home for the day.)

### **Program Director:**

Sarah Gerdes: (612) 338-1233 Office Extension #14